

## **Beeston RC AGM Go Ride Report February 26 2019**



Go Ride – launched in summer 2014 - continues to consolidate: now have a regular 25+ coming down weekly, increasing from 10 in year one. We have expanded the age group to the lower age of 6 (this was 8 last year). What is refreshing is the number of girls that are coming down: 12 and growing. It is also good that we are seeing the children of former members too.

We have 30 Go Ride members. More are racing this year. There are advanced sessions at the velodrome with the older riders attending every two weeks. The two most advanced riders are also attending the RSR sessions every two weeks (Jack Pearson and Fred Shenton). Most riders aged 9+ are still attending the club clusters at the velodrome. There has been a big increase in the number of riders taking part in CX this year – approximately 10 with Beth Stevens competing as an adult. Again, a handful took part in the Beeston TT. There are also several now taking part in BC's sessions at Harvey Hadden every second Tuesday.

We received a donation from a benefactor of £500 and have spent the money on rollers, subsidised kit, lights and the coaching award L1 for Wayne Smith.

We hosted three Go Ride races at Harvey Hadden which gave members the opportunities to race against local clubs, most notably Cycle Derby. There remains a lack of racing opportunities for the 16 – 18 year olds.

Thanks to all members who helped to make these events happen – a real team effort.

Coaching: We have four coaches running the Go Ride Sessions, led by Adam Smith (L3). Mile Kennedy became the latest new addition, completing her L1 award. She has worked predominantly with the younger riders with help from Richard Simpson, the BC coach who has been supporting the club for the past year. Wayne Smith is currently doing his L1 award with a view to being a L2 track coach. We have been able, with the support of parents, to take three groups out on the roads in summer and on the track at Harvey Hadden.

Richard Shenton has continued to organise the velodrome activity for one final year and has now handed over to Lee Wray.

In July we organised our second trip away and took a number of members and parents to Mount Cook Activity Centre in Middleton Top. We had great support from parents and club members (Gary, Tracey, Kev, Zillah). A third trip is booked for Eyam.

On behalf of Jason, Lisa, Adam and Millie, I'd like to thank the parents for their continued support this year in making sure we continue with Go Ride. We successfully renewed Clubmark in 2018, which means that we are able to benefit from Go Ride status with British Cycling.

Our priority now is to build on the number of activities and races in 2019 and extend the opportunity to cycle to even more youngsters.

**Louise O'Reilly  
Go Ride Lead.**